



21 Days Speed Reading Challenge

For more details go to <http://speedreadingtechniques.org>

Daily Task Schedule

Week 2	Start Date:	Finish Date:
Reading Test First Day	Reading Test Last Day	
<input type="text"/> words per minute	<input type="text"/>	<input type="text"/> words per minute

Task	Mo	Tue	Wed	Thur	Fri	Sat	Sun
Word Groups Words per time: Flip Technique Y/N Stops per line Time spent:							
Previewing Scans Y/N Number/Names Headlines Y/N Scan Styles (S, ?) Time spent:							
Recalling Idea Shouting Y/N Written Y/N Time spent:							
Conceptualizing Link Image 1-10 Common Nouns Pre- and Suffixes							
Pointer Tool Y/N							
Total Time (min)							
Mood 😊 or ☹️							

Notes: